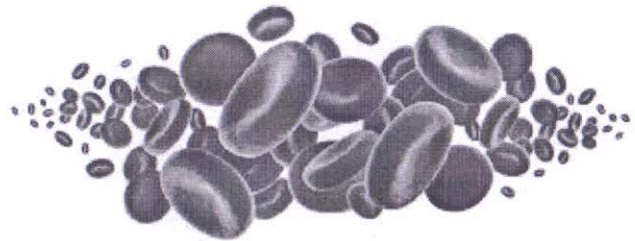
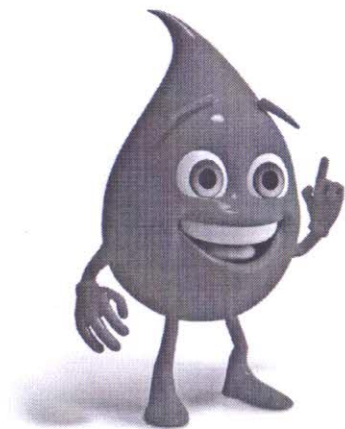


# ARMY COLLEGE OF NURSING, JALANDHAR

LESSON PLAN  
ON

## Meeting Needs Of The Patient



  
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## LESSON PLAN

NAME OF THE TEACHER : Ms. RUPINDER KAUR

SUBJECT : Fundamentals of nursing


TOPIC : Meeting Needs Of The Patient

VENUE : B.SC.NSG (1<sup>st</sup> YEAR)

CLASS TAUGHT : B. SC. NURSING – 1<sup>st</sup> YEAR

METHOD OF TEACHING : LECTURE CUM DISCUSSION

AUDIO VISUAL AIDS : BLACK BOARD, PPT, HANDOUTS

  
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At the end of the lecture, students will be able to understand the following objectives are .....

**General objectives are:**

To describe safe and clean environment of the hospital, reduction of physical hazards and role of nurse in providing safe and clean environment.

**Specific objective:**

- Introduction ; Meeting Needs Of The Patient.
- Describe Safe And Clean Environment Of The Hospital.
- Discuss about the Cleanliness and sanitation of the Hospital.
- Explain about the Security and Safety of the hospital.
- Discuss about the reduction of physical Hazards.
- Discuss in detail about role of Nurse in providing safe and clean environment

  
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S.no	Time	Specific objective	Contents	Teaching learning activity	A.V Aids	Evaluation
1.	5min	Introduction about the Meeting Needs of the Patient.	<p><b><u>INTRODUCTION;</u></b></p> <p>According to International Alliance of Patient's Organizations (IAPO) Declaration on Patient Centered Healthcare outlines five principles: 1. Respect and support for the individual patient, their wants, preferences, values, needs and rights.</p> <p><b>2. Choice and Empowerment.</b></p> <p><b>3. Patient engagement in health policy.</b></p> <p><b>4. Access and Support.</b></p> <p><b>5. Information that is accurate, relevant and comprehensive.</b></p>	Lecture	PPT BLACK BOARD	
2.	8min	Describe safe and clean environment of the Hospital.	<p>2. SAFE AND CLEAN ENVIRONMENT OF THE HOSPITAL: Hospital patients are often fearful and confused and these feelings may impede recovery. Every effort should be made to make the hospital stay as unthreatening, comfortable and stress free as possible. The interior designer plays a major role in this effort to create a therapeutic environment. Some important aspects of creating a therapeutic internal environment are;</p> <p><b>A. Using familiar and culturally relevant materials wherever</b></p>	Lecture	PPT BLACK BOARD	Describe about safe and clean environment of the hospital?

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3.	8min	Discuss about the Cleanliness and Sanitation of the Hospital.	<p><b>consistent with sanitation and other functional needs.</b></p> <p><b>B.Using cheerful and varied colors and textures,keeping in mind that some colors are inappropriate and can interfere or agitate patients and staff, particularly some psychiatric patients.</b></p> <p>C. Admitting ample natural light wherever feasible and color corrected lightning in interior spaces which closely approximate natural daylight.</p> <p>D .Providing outdoor view from patient's bed as much as possible and photographs of natural scenes where direct view is not available.</p> <p><b>3.CLEANLINESS AND SANITATION OF THE HOSPITAL:</b></p> <p><b>Hospitals must be easy to clean and maintain. This is facilitated by:</b></p> <p><b>A.Appropriate and durable finishes for each functional space.</b></p> <p><b>B.Careful detailing of features such as door frames,case work and transitions to avoid dirt-catching and joints.</b></p> <p>C.Adequate and appropriately located housekeeping spaces. D.Stress indoor environment quality(IEQ).</p>	Discussion    Discussion	Discuss about cleanliness and sanitation of the hospital?
4.	7min	Explain about the security and safety of the hospital.	<p>D.In addition to the general safety concerns of all buildings,hospital have several particular security concerns;</p> <p>1.Protection of hospital property and assets,including drugs. 2.Protection of patients,including incapacitated patients and staff. 3.Safe control of violent and unstable patients. 4.Vulnerability to damage from terrorism because of proximity to high</p>		

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5.	10 mins	Discuss about the reduction of physical hazards.	vulnerability targets.  It is impossible to prevent accidents completely. However, there are ways to limit the potential for accidents. It includes:- <ol style="list-style-type: none"> <li>1. Hospital Electricity Safety Measures</li> <li>2. Hospital Fire Safety Measures</li> </ol>	Discussion	Explain about the security and safety of the hospital?
6.	15 mins	Discuss in detail about role of nurse in providing safe and clean environment.	<b><u>Role of Nurse:-</u></b> <ol style="list-style-type: none"> <li><u>1.</u> Identify patients at risk for injury.</li> <li><u>2.</u> To prevent falls.</li> <li><u>3.</u> Protective restraints.</li> <li><u>4.</u> Prevents scalds and burns.</li> <li><u>5.</u> Prevent the spread of infection.</li> <li><u>6.</u> Report infections.</li> <li><u>7.</u> Universal body substance precautions.</li> </ol>		What are the ways to prevent accidents in hospital?
7.	2 mins	Bibliography	<ul style="list-style-type: none"> <li>• Francis C., Misra K. Fundamentals of nursing. Lotus publishers: ed 2<sup>nd</sup>: Pg no. 170-5</li> <li>• Sr. Nancy. Principals and Practice of nursing. N.R.publishers: ed 6<sup>th</sup>: Pg no. 384-5.</li> </ul>		What is the role of nurse in safe and clean environment?

  
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**ARMY COLLEGE OF NURSING**  
**BSC NURSING FIRST YEAR 2020 -2021**  
**UNIT PLAN**

Name of the teacher : Ms Rupinder kaur

Topic : Individual and society

Time : 3 hour.

Venue : class room -2

Class : BSC.NSG 2nd YEAR


Method of Teaching : Lecture cum Discussion,

Audio Visual Aids : Power point, white board


Previous Knowledge : The group will be having some knowledge about individual and society

General Objective : After the completion of the topic students will able to understand about;

- ✓ Define society and community
- ✓ Explain nature of society
- ✓ Difference between society and community
- ✓ Explain about process of socialization
- ✓ Discuss about personal disorganization

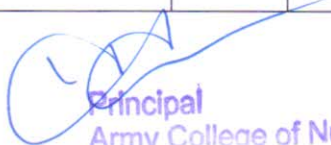
  
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S.NO	SPECIFIC OBJECTIVE	TIME	CONTENT MATTER	TEACHING LEARNING ACTIVITIES	A.V. AIDS	EVALUATION
1	To Introduction of the teacher and the topic	2min	I Rupinder kaur clinical instructor will be discussing about the individual and society		P O W E R	
2	To Introduction about individual and society	4 min	<b>INTRODUCTION</b> <ul style="list-style-type: none"> <li>λ Man is a social animal.</li> <li>λ He lives in group, in community, in society etc.,</li> <li>λ Man cannot live as a man with out society.</li> <li>λ Without society man's emotional, intellectual, maturity, material goods and his liberty not develop and these are unthinkable.</li> <li>λ The relations between individual and society is not merely a physical, or a functional unity, or organic unity, or systematic unity but its something more.</li> </ul> <p>Society not only control our movements but also shape our identity, our thought and our emotions</p>	Lecture cum discussion	P O I N T	Students will be able to understand about introduction
3.	Definition of society	4min	<b>DEFINITION</b>  Society derived by Latin word "Socius" it means companionship or friendship.  In Sociology, the term 'Society' refers not a group of people but to the complex pattern of the norms of interaction that arise among them.  Maclver has said that society is a web of social relationship.  <ul style="list-style-type: none"> <li>λ Wright – Society is not a group of people, it is the system of relationship that exists between the individual of the group.</li> <li>λ G.D.M. Cole – Society is a complex of organized association and communication with a community.</li> </ul> <p>Giddings – Society is a union itself the</p>	Lecture cum discussion	P R E S E N T A T I O N	Students will be able to understand about definition

  
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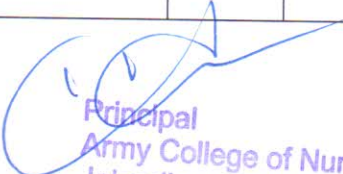
4.	To Discuss about Nature of society	10 min	<p>organization the sum of formal relations in which associating individuals are bound together .</p> <p><b><u>NATURE OF SOCIETY</u></b></p> <p>Society means likeness.</p> <p>Society also implies difference.</p> <p>Inter-dependence.</p> <p>Co-operation.</p>			Student will be able to explain about nature of society
5.	To Define community	4min	<p><b><u>DEFINITION OF COMMUNITY</u></b></p> <p>An area of social living.</p> <p>Whenever the members of any group, small or large, live together in such a way that they share, not this or that particular interest, but the basic conditions of a common life, we call that group a community.</p> <p>Bogardus – Community is a social group with some degree of “we-feeling” and living in given area.</p> <p>Ogburn and Nimkoff – Community is the total organization of social life with an limited area.</p> <p>Lundberg – Community is a human population living within a limited geographic area and carrying on a common inter-dependence life.</p>	Lecture cum discussion	W H I T E	Students will be define community
6.	To Explain about element of community	16min	<p><b><u>ELEMENT OF COMMUNITY</u></b></p> <p>*Group of people</p>	Lecture cum discussion	B O A R D	

  
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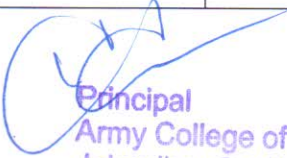
		<p>*Locality</p> <p>*Community Sentiment</p> <p>*Permanency</p> <p>*Naturality</p> <p>*Likeness</p> <p>*Wider ends</p> <p>*Particular name</p> <p><b><u>Group of people:</u></b></p> <p>Whenever the individuals live together in such a way that they share the basic conditions of a common life, we call them forming a community.</p> <p>*Locality:</p> <p>The group of people forms a community when it begins to reside in a definite locality.</p> <p>Community always occupies a territorial area.</p> <p>*Permanency:</p> <p>Its not transitory like a crowd.</p> <p>It essentially includes a permanent life in a definite place.</p> <p>* Naturality:</p> <p>Its not made or created by an act of will but are natural.</p>	<p>Lecture cum discussion</p> <p>Lecture cum discussion.</p>	<p>C</p> <p>H</p> <p>A</p> <p>R</p> <p>T</p>	<p>Students will be able to tell about element of community</p>
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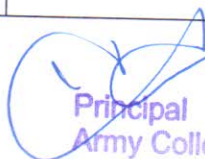
7.	To Explain about process of socialization	20 min	<p>*Likeness: There is a likeness in language, customs, mores etc.</p> <p>*Wider ends: The ends of community are wider.</p> <p>*A particular name: Every community has some particular name. Ex; Panjab are called Panjabis</p> <p><b><u>PROCESS OF SOCIALIZATION AND INDIVIDUALIZATION</u></b></p> <ul style="list-style-type: none"> <li>λ Man is not only social but also cultural being.</li> <li>λ The culture provides opportunities for man to develop his personality.</li> <li>λ The development process is not an automatic process.</li> <li>λ It is social training to the individual that kind of training is called Socialization.</li> <li>λ Socialization is a process of moulding a human infant to a member of society to which he belongs.</li> <li>λ This Socialization is differ from society to society. Because of this process involves by culture.</li> </ul>	Lecture cum discussion	PPT	Students will be able explain about process of socialization
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8.	To Define socialization	20 min	<ul style="list-style-type: none"> <li>λ The human infant comes into the world as biological organism with animal needs.</li> <li>λ He is gradually moulded into a social being and he learns social ways of acting and feeling.</li> <li>λ The process of moulding and shaping the personality of the human infant is called Socialization.</li> </ul> <p><b><u>DEFINITION OF SOCIALIZATION</u></b></p> <ul style="list-style-type: none"> <li>λ W.H. Ogburn says “Socialization is a process by which the individual learns to conform to the norms of the group”.</li> <li>λ Bogardus define “Socialization as the process of working together, of developing group responsibility, of being guided by welfare needs of others”.</li> <li>λ Green says “Socialization is the process which the child acquires a cultural content, along with selfhood and personality”.</li> </ul>	Lecture cum discussion	PPT	Students will be able to define socialization
9.	To explain about process of socialization	20 min	<p><b><u>PROCESS OF SOCIALIZATION</u></b></p> <ul style="list-style-type: none"> <li>λ Socialization is the process of learning group norms, ideals, habits, behaviours</li> </ul>	Lecture cum discussion		Students will be able to know about process of socialization

  
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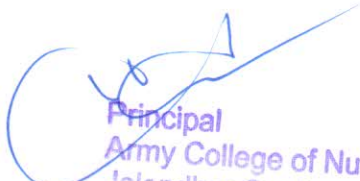
9.	To Explain about factors of socialization	25 min	<p>and customs.</p> <ul style="list-style-type: none"> <li>λ The process of Socialization starts long before the child is born.</li> <li>λ The parents courtship, marital selection, the customs concerning pregnancy and birth.</li> <li>λ Whole system of cultural practices surrounding the family are important for the child's growth.</li> <li>λ But direct socialization begins only after birth.</li> </ul>	lecture cum discussion	PPT	
10.	To Enlist agencies of socialization	15 min	<p><b><u>FACTORS OF THE PROCESS OF SOCIALIZATION</u></b></p> <p><b><u>Four factors are determine it</u></b></p> <ol style="list-style-type: none"> <li>1. Imitation</li> <li>2. Suggestion</li> <li>3. Identification</li> <li>4. Language</li> </ol>		PPT	Students will be able to tell about factors of socialization
11.	Define individualization	20 min	<p><b><u>AGENCIES OF SOCIALIZATION</u></b></p> <ul style="list-style-type: none"> <li>*The family</li> <li>*The school</li> <li>*The playmates or friends</li> <li>*The church (religious institutions)</li> <li>*The state</li> </ul> <p><b><u>INDIVIDUALIZATION</u></b></p>	lecture cum discussion	W H I T E  B O A R D	Students will be able to explain about agencies of socialization

  
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13.	Explain about personal disorganization	25 min	<p>objects.</p> <p>*Individualization as a kind of depending into ourselves.</p> <p><b><u>PERSONAL DISORGANIZATION</u></b></p> <ul style="list-style-type: none"> <li>λ Personal Disorganization represent the behaviour of individual which deviates from the social norms.</li> <li>λ Any various behaviour which disturbs the integration of the attitude system within the personality represents called personal disorganization.</li> <li>λ It means that the individual is out of adjustment with society, who has failed to organize the chief goals of his life.</li> <li>λ It may be mild or violent.</li> <li>λ When the parts of social structure do not perform their functions efficiently and effectively or perform them badly, there occurs an imbalance in society.</li> <li>λ The social equilibrium is disturbed and society gets out of gear because of this personal disorganization.</li> <li>λ For example: alcoholics, criminals, prostitutes and drug addicts etc., who are mentally normal but socially abnormal.</li> </ul>	lecture cum discussion	PPT	Students will be able to tell about personal disorganization
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14	For Further references	10 min	<p><b><u>BIBLIOGRAPHY:</u></b></p> <ul style="list-style-type: none"> <li>✓ Gowada krishne.Sociology for Nurses.CBS publishers.2016(6);11-31.</li> <li>✓ <a href="http://www.slideshare.com">www.slideshare.com</a></li> <li>✓ Kumari Neelam. A textbook of Sociology.PV.2014(4);17-35.</li> </ul>	Lecture cum discussion	PPT	
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